

Overall Theme: Leading in a Whitewater World
Retreat Outcomes:

1. Understand the purpose and objectives of the program
2. Understand and appreciate the 'learning model' for the program:
 - a. begin an exploration of your self-knowledge of leadership
 - b. relate your knowledge/skills to the *Leadership Challenge* five practices
3. Begin the development of a sense of community among fellow participants
4. Understand and develop team building skills
5. Understand the community context

TIME	ITEM	LV LIAISON	LOCATION
10:30-11:30 am	Check-in	Al Kemp	Main Lounge
11:30	Welcome from CHIEF CYRIL LIVINGSTONE and Leadership Victoria Board Chair	Kate Mansell	Dining Room
12:00	Lunch		Dining Room
1:00	Program Overview	Al Kemp	Cowichan Room
1:30	Introductory Exercise -- Human Bingo	Al Kemp	Cowichan Room & outside
2:15	Break		Dining Room
2:45	Masters of the River: Leadership Panel	Intro – Roberta Burris	Cowichan Room
3:45	Learning the River: Five Exemplary Leadership Practices	Intro – Bob Downie Model: Dave Whittington Inspire: Rosemary Cannon Challenge: John Shaver Enable: Al Kemp Encourage: Kim Dunlap	Various "boathouses"
5:30	Debrief and reflection	Rosemary Cannon & Shauna Fenwick	Cowichan Room

OPENING RETREAT

Friday, Sept 25 to Sunday, Sept 27, 2009

COWICHAN LAKE OUTDOOR EDUCATION AND CONFERENCE CENTER

6:00	Reception (Cash Bar)		Main Lounge
6:30	Dinner		Dining Room
7:30	Into the River: Me with Me	Dave Whittington & Shauna Fenwick	Cowichan Room
8:15	Paddles Up/ Evaluation and Reflection	Layla Cochrane	Cowichan Room
8:30	Getting to know you	Al Kemp	Fireside
9:45	Retire for the day		

SATURDAY

TIME	ITEM	LV LIAISON	LOCATION
7:30 am	Breakfast (Buffet open 7:30-7:45)		Dining Room
8:30	Check back / check in / the River today	Layla Cochrane & Bob Downie	Cowichan Room
9:00 – 11:45	Team Dynamics (Me with the Team)	Kim Dunlap & Roberta Burris	Outdoors
10:30	Break to be included above		Dining Room
11:45	Lunch		Dining Room
12:45	Planning your journey/ Voices from the Shore / Exploring the tributaries	Al Kemp, Dave Whittington and Bob Downie	Cowichan Room

OPENING RETREAT

Friday, Sept 25 to Sunday, Sept 27, 2009

COWICHAN LAKE OUTDOOR EDUCATION AND CONFERENCE CENTER

2:30	Break		Dining Room
3:00	Formation of CAP Teams	Al Kemp	Cowichan Room
3:30	Debrief	Ardis Myette	
3:45	CAP Coaches assigned	Shauna Fenwick	Cowichan Room
3:50	Evaluation and Reflection	Layla Cochrane	Cowichan Room
3:55	The Ideal Sustainable Community: Me with Community Introduction & Preparation for Evening assignment	Estelle Paget	Cowichan Room
6:00	Reception/ Cash Bar		Dining Room
6:30	Dinner		Dining Room
7:00	Teams Finalize Skits		
8:15	"The Ideal Community"	Estelle Paget	Fireside
10:00	Closure and Retire		

SUNDAY

TIME	ITEM	LV LIAISON	LOCATION
8:00 am	Breakfast (Buffet open 8:00 to 8:15)		Dining Room
9:00	Check back/ Check in/ Yesterday's Journey/ The River today	Dave Whittington	Cowichan Room

9:30	The concept of community and community as a system	Lisa Helps, Shauna Fenwick, Kim Dunlap, Bob Downie & Roberta Burris	Cowichan Room
10: 30	Break		Main Dining Room
10:45	Introduction to the Leadership Challenge and the Leadership Practices Inventory	Shauna Fenwick & Rosemary Cannon	Cowichan Room
11:50	Into the Tributaries/ CAP Teams meet over lunch	Shauna Fenwick	Cowichan Room
12:00	Working lunch: CAP Teams Meet		Dining Room
1:15 2 stations, then break	Planning your Leadership Victoria Journey: a) Reflection Pool – Getting the most from your Journal b) Paddling with a guide - Mentoring c) Uncharted Waters - Community Action Projects: requirements and expectations d) TBA	Al Kemp Fiona Hyslop Roberta Burris	Cowichan Room Fireside Cowichan Room Nitnat Room Dining Room / Outdoors
4:00	Around the next bend/ Assignments for October & November CLDs	Bob Downie & Tammy Dewar	Cowichan Room
4:10	Paddles Up/ Evaluation and Reflection	Layla Cochrane	Cowichan Room
4:20	The Confluence	Roberta Burris	Outside